

# Update

## The Non-Surgical Nose Job is now at Skinfresh Clinic

The non-surgical nose job involves using a dermal filler to enhance or alter the shape of the nose. This is an affordable option in cases where an operation is not wanted.

The Dermal Fillers that can be used include Hyaluronic acid or Calcium Hydroxyl appatite. They can be used at that treatment exclusively for the non-surgical nose job, or as part of treatment to other parts of the face.



### Benefits of using a Dermal filler to improve the shape of the nose

- Affordability
- Immediate result
- Walk in – walk out procedure and return to work immediately
- May last up to two years
- Improvement in confidence and overall appearance of face.

### The best situations to use the non surgical nose job

- Small Nose with irregularity
- Surgical Rhinoplasty would make nose smaller
- Patient does not want to undergo surgery
- Slightly uneven nose or off centre
- Asian Noses that would like more height and nose tip
- Has a bump on the bridge
- Has a Nasal Tip that droops, protrudes or is enlarged
- Needs widening of the bridge
- Nose tip reshaping or protrusion
- Post Rhinoplasty Defect

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- Changes in the nasal frontal angle
- Altering the angle between the nose and upper lip
- Post skin cancer scar correction.



### Who should not have this done?

Those with scarring of the nose or very thin skin on the nose areas that need treatment.

### What is involved?

- The treatment takes around 30 minutes
- It can be done with out anaesthetic, however, if desired, some can be given in the form of a numbing cream +/- a• There may be some local swelling that will settle within two days. In unusual cases, there may be some bruising
- Depending on the situation, the cost is between \$500 - \$1000
- A touch up may be desired a few months later
- The result may last up to two years, depending on the product used, and each individual.

***The staff at Skinfresh Clinic are experienced injectors who can advise if this procedure is suitable for you.***

Restylane® is a natural cosmetic dermal filler that restores volume and fullness to the skin to smooth facial wrinkles and folds, enhance facial shape or to create fuller lips. Restylane® is available through prescription only from a medical professional, and is delivered by injection into or below the skin. Restylane has benefits and risks. It is not to be injected into blood vessels as this may lead to a lack of blood supply to the skin and ulceration and scarring. Restylane® contains hyaluronic acid, naturally found in the human body and is thought to help increase moisture in the skin. Treatment benefits are instant, do not affect facial expression and results usually last 6-12 months. Ongoing treatments are needed to maintain best results. After a Restylane® treatment you may expect some degree of redness, swelling, pain or tenderness, itching and/or bruising which generally only lasts a few days. Inflammatory reactions may last up to two weeks in rare cases. Adverse effects from treatment are extremely rare and may include allergy, infection, granuloma formation, persistent discoloration at the injection site, and or ulceration of the skin. Exposure to sunlight should be avoided during the initial post treatment phase. Restylane® should not be used in or near sites where there are active skin disease, inflammation or infection, or where a permanent implant has been placed. Restylane® is not recommended for people taking blood thinning medicines or Roaccutane for acne, and has not been tested in pregnant or breast feeding women. Restylane® is an unfunded medicine, and there will be a charge for the medicine and consultation. Contains: Hyaluronic acid 20mg/ml phosphate buffered saline, pH 7 q.s.

**skin-fresh**  
clinic

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